

Abbey's Friday Bulletin



This Week's News

Friday
30th
January
2026

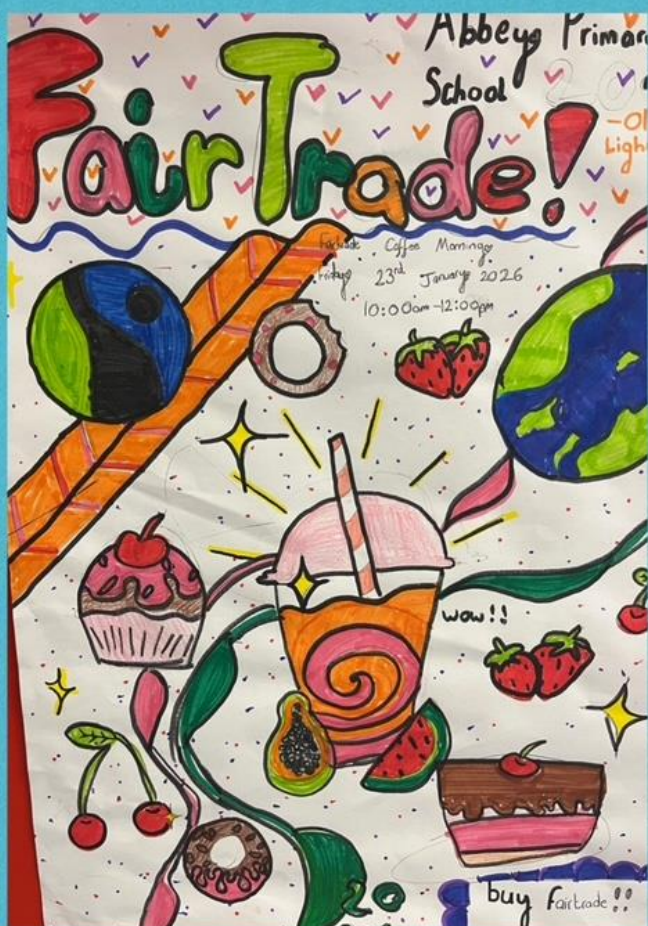
Fair Trade Coffee Morning

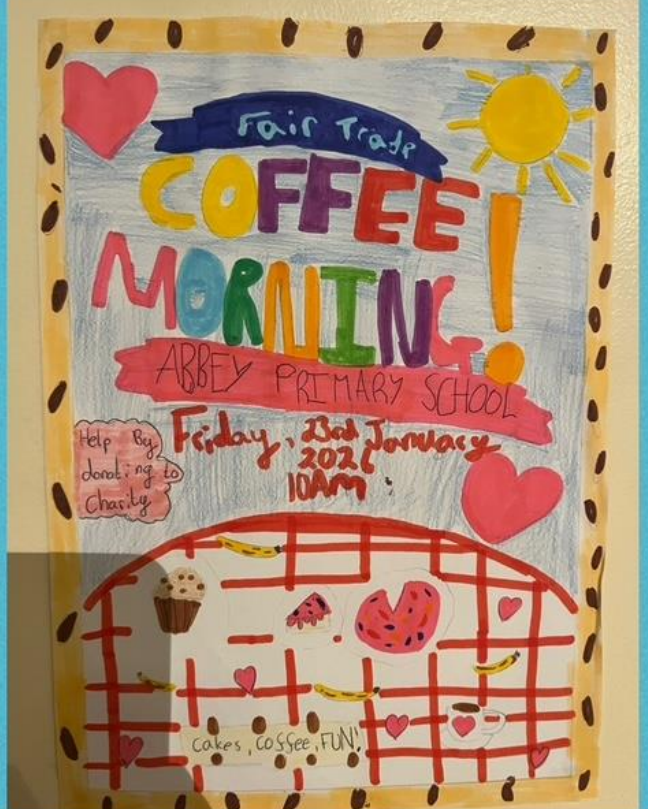
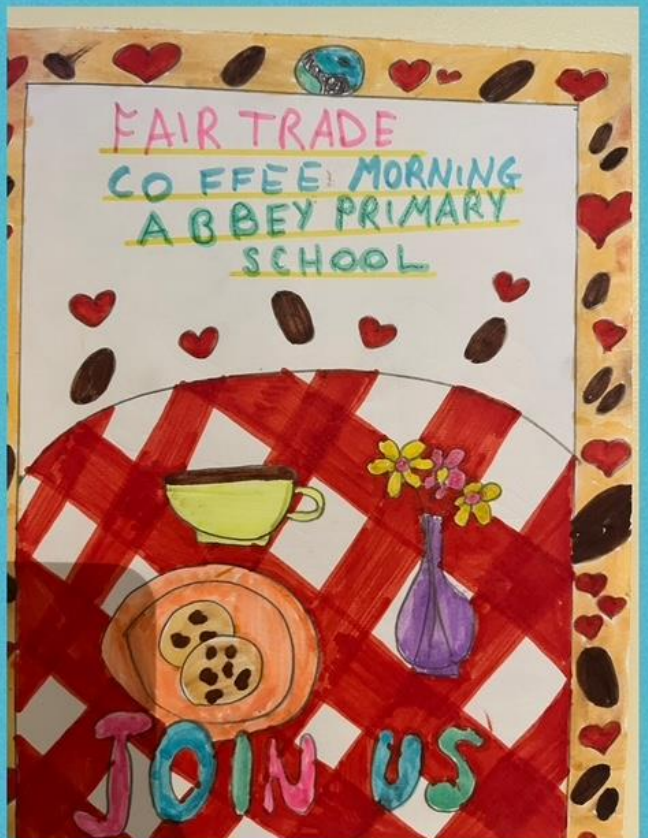


FAIRTRADE











Well done everyone on showing kindness and raising so much money for charity.

Kindness Acrostic Poem

K ids should always be kind.

I n kindness week we try hard.

N ever to be mean.

D inner time we help out.

N iceness is free.

E very day we can help others.

S ay please and thank you.

S hare and be kind always.

P.3 wrote kindness acrostic poems.

P.1 made a list of ways to show kindness.

I wonder?

How can we be kind?

- Letting others join in
- Helpful hugs!
- Hold the door open.
- Sharing toys
- Get help when someone falls
- Helping our friends get up if they fall.
- Listen.
- Smile
- Make someone laugh to cheer them up.
- Make a nice picture.
- Help someone else find their words



Nature Rangers made kindness wood cookies.







Sparkles made an amazing kindness display.





Dinners are £3.10 per day.

All dinners must be booked via ParentPay **by 8.30am** for the current day, preferably the night before.

Cancellation with full refund must be done by parents via ParentPay.

Children on Free Meals do not need to book through the App

Monday 2nd - Friday 6th February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Oven-baked Fish Fingers	Beef Bolognese	“Lunch Bunch” Chicken Curry with Freshly Baked Mini Naan Bread	Roast Beef & Yorkshire Pudding with Stuffing & Gravy - Or - Salmon with a Creamy Dill & Cheese Sauce	Hot Dog with Tomato Ketchup
Garden Peas & Steamed Sweetcorn Chipped Potatoes or Baked Potato	Steamed Broccoli & Coleslaw Pasta Spirals or Baby Potatoes	Baton Carrots & Garden Peas Steamed Rice or Mashed Potatoes	Fresh Vegetables in Season Oven-baked Roast Potatoes or Mashed Potatoes	Mini Corn on the Cob & Baked Beans Chipped Potatoes or Baked Potato
Chocolate Mousse & Mandarin Oranges	Apple Sponge & Custard	Vanilla Ice Cream & Pear Chunks	Carrot Cake Slice	Yoghurt & Chopped Fruit

If anyone has any allergies, or changes to allergies, please contact the school office.

After School Activities

MONDAY

- Junior Choir P4 3-4pm **Restarting 2nd February**
- Senior Choir P5-P7 3-4pm **Restarting 2nd February**
- *Ards Academy Football P1-P3 2-3pm
- P4-P7 3-4pm
- *Theatrics P1-P3 2-3pm
- P4-P7 3-4pm

TUESDAY

- Scripture Union P4-P7 3-4pm
- *Spike Lego P2 & P3 2-3pm
- P4-P7 3-4pm
- Abbey Hockey at Londonderry Park - All involved have been informed

WEDNESDAY

- *Monkeynastics P2 & P3 2-2.45pm
- *Tag Rugby P2 & P3 2-3pm
- P4-P7 3-4pm
- *Primary Hockey P2 & P3 2-3pm
- P4-P7 3-4pm

THURSDAY

- Nature Rangers P5 group informed 3-3.45pm
- Science Club P5 group informed 3-3.45pm
- Abbey Dance All involved have been informed via Seesaw

FRIDAY

- P6 & P7 Football at Londonderry Park - All involved have been informed

***Clubs ran by an outside agency**

Friends of Abbey PTA

Friends of Abbey PTA

Upcoming Events!

Monday 26th Jan



"Guess the Teacher"

— Notes Sent Home! —

Return by Friday 30th!



Thursday 5th February

"Cash for Clobber"

— Drop Donations in the Mill —

8:15am - 10:30am



Friday 6th February

PJ Movie Day!

— Wear your PJs & Enjoy a Movie! —

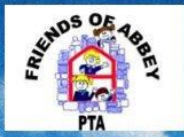


Friday 27th February

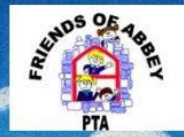
Bingo Night!

Pre-book on ParentPay! ⚡





Friends of Abbey PTA



CASH FOR CLOBBER!



COLLECTION DAY!

5th FEBRUARY 2026

Donate your **UNWANTED CLOTHING, SHOES, BAGS & BED LINEN,**

Bag it up and bring it in!



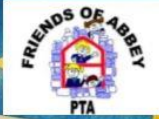
Clothes can be left in "The Mill" from **8:15**

Cars can drive into the school from **9:15**

Drop off your bags on the **5th February** morning!



Friends of Abbey PTA



GUESS THE TEACHER COMPETITION!

Can you guess the teacher?
from their childhood photos?

Sheets out **Monday 26th January**

Collected **Friday 30th January**

Winners Announced
Week of **2nd February**

PLUS!
WORD SEARCH
FOR THE YOUNGER YEARS

